

Notices.

In consequence of innumerable complaints, we would advise our readers in provincial towns to order their NURSING RECORD through Messrs. Smith & Son's Bookstall at the Railway Station. In case they have any difficulty in obtaining it in this manner each week, we shall be glad if they will write a post card to the Manager, at the NURSING RECORD Office, 11, Adam Street, Strand, W.C.

Copies of the NURSING RECORD are always on sale at 269, Regent Street, price 1d. As this address is close to Oxford Circus, it will be found a Central Depot.

Comments and Replies.

Private Nurse.—Why not try Oxo, an excellent meat extract sold by the Liebig Extract of Meat Co.? The flavour is most palatable. Useful sizes are the bottles at 10½d. and 1s. 8d. It can be obtained from most grocers.

District Midwife.—We can understand that you are very much tied by your work. As it is increasing so much would it not be well to get another nurse to join you? You might perhaps take a pupil to prepare for the L.O.S. examination, this would to some extent lessen the work, but you would be equally tied, as you could not send her to cases alone until she has obtained her midwifery certificate. Do not be persuaded to take as a pupil anyone who has not had general training. Trained nurses have a duty to perform to their profession in this matter and ought to make a stand. You would find King's Patent Cooked Oatmeal excellent for use, as delicious gruel can be made from it

with one minute's boiling. It can be obtained in tins from 3d. upwards from the Albion Food Mills, Sycamore-street, E.C.

Miss F. K. B., Hackhurst.—The reason we seldom refer to the institution you mention is simple—we receive no authoritative information concerning it or would gladly insert it. We are pleased to hear that improvements are taking place in nursing matters. Send us some reliable and interesting particulars, and we shall have pleasure in inserting them.

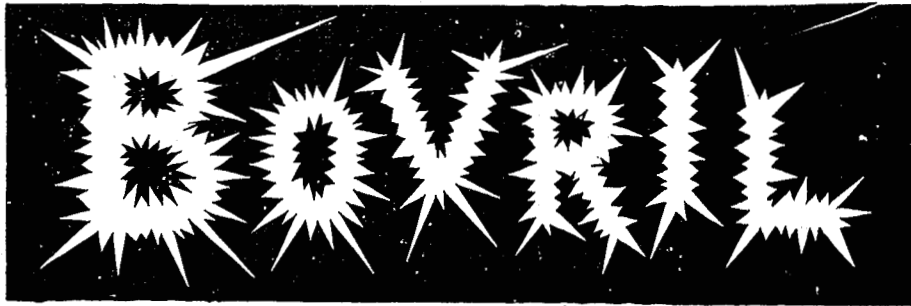
Mrs. M. G., Monmouth.—We should advise your niece to get "How to be Trained as a Nurse," price 1s. 2d., from the NURSING RECORD Office, 11, Adam-street, Strand. In it will be found particulars as to length of training in the various Irish training-schools. There are excellent hospitals in Dublin, and we feel sure the Secretary of the new Dublin Nurses' Club, 3, St. Stephen's Green, would answer enquiries, as she comes in touch with the Matrons and nurses of all the schools.

Nurse A. F., Birmingham.—"The Nursing of Chest Diseases," which is in the press, will soon be on sale at the NURSING RECORD Office. The articles appeared originally in the columns of this paper, and we have received many requests that they should appear in book form.

Home Sister, London.—Have the places scrubbed out daily with "Protector" Carbolic Soap, it will speedily put an end to the ant pest, address, Hazlehurst's Soap Works, Runcorn, Cheshire. Don't place butter or fish in closed cupboards.

H. G. B., Leytonstone.—We should advise you to apply to Dr. Fletcher Little, 32, Harley Street, Cavendish Square, London, W., for information as to his classes in Massage, etc. The instruction given at these is excellent. We believe that the course in Massage, to fully trained nurses, costs £5, as Dr. Little is desirous of affording them special facilities to take up this subject. The hours are also arranged with special consideration for the convenience of nurses.

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STANLEY SMITH, *Secretary.*

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